

**Impactus**

# **MEN'S CONFERENCE**

# 2025

**ROOTED**

**OTTAWA EVENT PROGRAM**

**>Impactus**

# **MEN'S CONFERENCE**

“And now, just as you accepted Christ Jesus as your Lord, you must continue to follow him.

Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness.”

**Colossians 2:6-7**

# CONFERENCE SCHEDULE

- 8:00 am ————— **Doors Open**
- 8:45 – 10:00 am ————— **Session 1: Jeff Hillier**
- 10:00 – 10:30 am ————— **BREAK**
- 10:30 – 10:50 am ————— **Worship**

10:50 – 12:00 pm ————— **Breakout Sessions**

Staying Pure in an Oversexualized World  
- **Joseph Aslaner** | **Location: Sanctuary**

Finding Connection in a Disconnected World  
- **Lyle Johnson** | **Location: Kids Auditorium**

Overcoming Anger  
- **Bill Innes** | **Location: Youth Auditorium**

- 12:00 – 1:15 pm ————— **LUNCH**
- 1:15 – 2:30 pm ————— **Session 2: Rick Reed**
- 2:30 – 3:00 pm ————— **BREAK**
- 3:00 – 4:10 pm ————— **Session 3: Lennett Anderson**



Do you need prayer?

Our prayer team members are here to support you.

Fill out a prayer request at the prayer boxes on either side of the stage OR click here to submit a request at [impactus.org/prayer](https://impactus.org/prayer)

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#impactusmen



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# SESSION ONE



## JEFF HILLIER

Jeff has been married to Aynsley for 31 years, with 3 grown children and 2 grandchildren. He has been the Lead Pastor of Community Pentecostal Church in Ottawa for over since 2012.

Prior to that he spent 13 years in the Eastern Ontar District Office for the PAOC – 8 as youth director and 5 as the mission and ministries specialist. He has both a Bachelor of Theology and a Masters in Leadership. He serves on the Eastern Ontario District Executive, while also serving as the Birkman Coach, Coaching Facilitator and is on the Strategic Vision Team.

Jeff serves on various national level committees, does leadership development overseas twice a year, and continues to speak at Camps and Conferences across Canada.

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# BREAKOUTS



**Lyle Johnson**

Finding Connection in a  
Disconnected World



**Joseph Aslaner**

Staying Pure in an  
Oversexualized World



**Bill Innes**

Overcoming Anger



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- The Bible Course
- Healing and Support Programs
  - Caring for the Wounded Heart
  - Overcomers
- Research Reports like "Still Christian(?)"
- Fear Not Comic Book Series
- The Word for Families Booklets
- Diaspora Bibles



[Learn More](#)



# SESSION TWO



**RICK  
REED**

Dr. Rick Reed serves as the Chancellor of Heritage College and Seminary in Cambridge, Ontario. He joined Heritage College & Seminary on January 1, 2013, after serving for fourteen years as Senior Pastor at the Metropolitan Bible Church in Ottawa.

At Heritage, Rick teaches in the areas of preaching and pastoral theology. He received his Bachelor of Arts from Biola University, Master of Theology from Dallas Theological Seminary, and Doctor of Ministry from Trinity Evangelical Divinity School. Dr. Reed is committed to using Scripture and his ministry experience to glorify God in the training and equipping of men and women for life and ministry.

In 2023, Dr. Reed accepted the opportunity to move into the role of Chancellor of Heritage College & Seminary. He is also the author of *The Heart of the Preacher*. Rick is married to Linda, who directs the Heritage Centre for Women in Ministry. The Reeds have three grown children.

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Year-round, daily discipleship requires commitment and determination. We have free resources to equip you in your walk with God.

### Men's Daily Devotional

The Impactus Men's Daily Devotional will help you start the day with God's Word and insights from godly teachers.

Get the devotional delivered to your inbox every day!

Sign up at [impactus.org/devo](https://impactus.org/devo)

### Podcast

We explore what it means to live day to day with authentic faith. Both the Impactus Podcast and Young Man's Podcast feature exclusive interviews and discussions dealing with real-life issues that are relevant to men of all ages.

Listen at [impactus.org/podcast](https://impactus.org/podcast)

### Articles

From topics on spiritual growth, to everyday life and family issues, our articles will give you practical tools to bring you closer to Jesus.

Explore on [impactus.org/articles](https://impactus.org/articles)

### Men's Ministry

Explore an extensive toolbox of resources to help men's ministry leaders disciple the men of your church and community.

Explore on [impactus.org/mens-ministry](https://impactus.org/mens-ministry)

### This Is Me

We travel the world to bring you some of the best stories from some of your favourite artists and athletes to empower and encourage you. Our guests are a voice reminding us that Jesus is greater than anything the world has to offer.

Watch on [impactus.org/thisisme](https://impactus.org/thisisme)

# MEN'S MINISTRY LEADER NETWORK

Join a global community of men's ministry leaders to build more effective ministry to men in the local church where men are discipling other men

## BENEFITS OF THE IMPACTUS NETWORK

- 1.** FREE ACCESS to Men's Ministry Leadership Training
- 2.** Two FREE Leadership Coaching Sessions
- 3.** Discounted rate for additional Leadership Coaching
- 4.** Discounted rate for Small Group Leader Training
- 5.** Exclusive and Private Facebook Group for Men's Ministry Leaders to share ideas and learn from others





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CANADA



Crossroads for Prisoners Canada connects people in prisons with mentors from churches to develop Christ-centered relationships as they study God's Word together.

## Ways to Get Involved!

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"I never felt more **free** than I did in this **prison cell**, where I found **Jesus**."

[www.crossroadscanada.ca](http://www.crossroadscanada.ca)

# SESSION THREE



## LENETT ANDERSON

Lenett J. Anderson is the Senior Pastor of EBC: The MEETing Place, Upper Hammonds Plains, Nova Scotia. Named by MacLean's Magazine as "one of five Canadian Pastors who are breathing new life into their communities," he has been identified as a source of inspiration and encouragement to many.

Since returning to his home church in 1999 Pastor Anderson's leadership has led to the formation of a blended community of worshippers who meet to exemplify unity within the Body of Christ. Rev. Dr. Anderson is a sought-after speaker with a dynamic presentation and message. In addition to his pastoral responsibilities, he serves on the faculty of Acadia Divinity College as Lecturer in Leadership and Racial Justice. He is also a retired commissioned Officer in the Canadian Forces where he served as Unit Chaplain for HMCS SCOTIAN. Rev. Dr. Anderson holds a Bachelor of Arts degree from Dalhousie University and a Master of Divinity degree from Acadia Divinity College. He also received an honorary Doctorate of Divinity degree from St. Thomas Christian College.

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# HOST A WORKSHOP EXPERIENCE

LEARN HOW AT [IMPACTUS.ORG/HOST-A-WORKSHOP](https://www.impactus.org/host-a-workshop)

Help equip the men of your church and community for a life of purpose and godly impact.

Host an in-person or video Workshop Experience that addresses key areas in a man's life.

Bring a group of men together to enjoy worship, food, fun and equipping.

## IN-PERSON WORKSHOP TOPICS

- The Value of Time
- Building Authentic Friendships
- Understanding Your Identity
- God's Vision for Men
- Spiritual Training
- Becoming A Better Husband
- Finishing Well
- Overcoming Your Anger

## VIDEO WORKSHOP TOPICS

- God's Vision For Men
- Building Authentic Friendships
- Understanding Your Identity
- Overcoming Your Anger
- Defining Success
- Becoming a Better Dad



# 2025 CONFERENCE RECORDINGS

TO ORDER DOWNLOADABLE  
MP4 VIDEO FILES OF THE 3  
CONFERENCE SPEAKERS, VISIT  
[IMPACTUS.ORG/RECORDINGS](https://www.impactus.org/recordings) OR  
VISIT THE MERCH STORE  
IN THE LOBBY.



# SMALL GROUP LEADER EXPERIENCE (BASIC TRAINING)

**An Immersive 8-week Small Group Leadership Experience to Transform You and the Men You Lead**

## **Session 1: Healthy Leaders Lead Healthy Small Groups**

- Learn how “past experience” can influence “present” leadership practice and understand what healthy leadership / small groups look like.

## **Session 2: Healthy Leaders Lead Healthy Small Groups (Practicum)**

- Review and share your “past experiences” to see how these impact your “present” leadership practices.

## **Session 3: Active Listening (Listening Beneath the Words)**

- Understand and experience the power and value of effective listening and how it will transform your leadership and small group..

## **Session 4: Asking Great Questions**

- Learn how to ask great questions and understand how to effectively use different types of questions - closed, open, guiding, probing, clarifying.

## **Session 5: Leading Great Discussions**

- A life changing small group is built on having honest, raw and personal discussions. Learn how to lead discussions that will help transform lives.

## **Session 6: When Groups Get Messy**

- Learn how to deal with conflict and challenging personalities within a small group.

## **Session 7: How do I Start and Grow a Small Group?**

- Learn how to start a small group, identify its purpose and how to structure a transformational small group.

## **Session 8: Practical / Hands-On Experience**

- Hands on practical experience leading a small group, with real time feedback from experienced trainers and group participants.

**LEARN MORE AT [IMPACTUS.ORG/SMALLGROUPS](https://www.impactus.org/smallgroups)**

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# STUDY GUIDE



ROOTED

# SESSION ONE: ROOTED IN CHRIST

**Read: Colossians 2:6-7; John 15:4-5**

We often marvel at a large tree's size and shape. It is majestic-looking, stretching high up into the sky, spreading out its foliage, and fascinating us with the physics of how something so relatively skinny could grow so tall and strong.

The reason why, of course, lies not with the tree but with its roots. The root systems of trees come in all shapes and sizes.

The deepest known root systems extend up to 400 meters. Some large tree roots, like the famous Redwood trees of the west coast of North America, only extend 10-13 feet vertically into the ground. However, they spread 60 to 80 feet horizontally under the ground, intertwining with other Redwood roots for stability.

The larger the tree, the more significant the roots. Whatever the depth of a root system, the purpose remains the same: The roots supply the necessary nutrients for the tree and support and strengthen the growth of the canopy above ground.

Our faith lives must consist of more than just what is visible above the ground. How often have we seen individuals publicly claim to hold Christian values and beliefs yet live with deep, dark secrets or dual lives that look nothing like Christ? The visible things above the surface, in fact, can be manufactured and manipulated.

# SESSION ONE: ROOTED IN CHRIST

The imagery here is clear. The deeper work of healthy spirituality, emotions, and relationships is foundational to all we are called to be as followers of Christ. It is tempting to reverse this truth by emphasizing our image, influence, and platform more than taking time to do the deep work of character development and spiritual formation. The deeper work takes time and is often produced through solitude, humility, perseverance, and even through the painful moments of our lives.

We are to be men who are rooted in Christ. He is the source of our life, strength, and stability. Part of our spiritual journey is to learn how to strengthen and deepen those roots so that the “tree” of our lives will be healthy and thriving in every area. By being willing to take the time and invest in our own spiritual “root system,” we are investing in the future fruit of our spiritual life and in the blessing that comes from connecting and communing with Jesus.

When the storms of life come, and they will, being rooted and grounded is paramount for stability and resilience. Roots may not be glamorous, but they are essential. Strong and healthy roots lead to strong and healthy life for the tree, and so the investment is well worth it.

# REFLECTION/DISCUSSION QUESTIONS

- 1.** How would you presently describe your “rootedness” to Jesus? Why would you describe it that way?
- 2.** What activities/practices have you used in order to strengthen your connection to Christ? What do you do in your life to feel closest to Him?
- 3.** Why is being rooted in Christ so important? What good fruit have you seen when your roots are strong? What bad fruit have you seen when they are not?

# APPLICATION QUESTIONS

- 1.** What are some things you do, starting now, in order to strengthen your rootedness in Christ?
- 2.** How might you support others in your life, helping them strengthen their spiritual roots?

# SESSION TWO: ROOTED IN TRUTH

**Read: Colossians 2:6-7; Joshua 1:6-9; John 17:17;  
Romans 12:1-2; 2 Timothy 2:15-16**

Do you guys remember the COVID-19 pandemic? You know—that multi-year hugely disruptive and divisive thing that happened pretty recently? We are not looking to reignite anything about the division of that time, so rest easy.

But, with the benefit of hindsight and some distance from those events, we want to reflect on the season for a moment.

Do you remember how hard it was to determine what the “truth” was back then?

Politicians said different and conflicting things. Pastors said different and conflicting things. Media outlets said different and conflicting things. Social media said different and conflicting things.

Everyone was claiming “truth,” but how could we tell?

All that most people knew was that we had the truth, and the other side was duped.

With that conviction, we very easily looked down on people on “the other side,” whether they were politicians and leaders we disagreed with, people on social media, or, sadly, even people in our own churches.



# SESSION TWO: ROOTED IN TRUTH

Truth is crucial. Jesus called Himself “the truth” (John 14:6); He called God’s Word “truth” (John 17:17), and He told us that after He left, “the Spirit of truth” would come and live within us (John 16:13).

The pursuit of truth is a crucial pursuit for any Christ-follower. Yet how do we stay rooted in truth in an age where the world celebrates “my truth” and “your truth” instead of simply “the truth”? What are we filling our minds with, and how are we deciding which voices around us are trustworthy and worthy of listening to?

Undoubtedly, much of what people claim is “the truth” is actually just an opinion or interpretation. But we do believe truth is real. So, how do we go deeper in our pursuit?

How can we be men who passionately pursue truth in a way that looks holy and different than the rest of the world?

When we find this way, we are men of integrity, seeking and speaking truth in a world that desperately needs to hear it, no doubt pleasing the Father as we do so.

## REFLECTION/DISCUSSION QUESTIONS

- 1.** How do we determine what God's truth is? How do Jesus Himself, the Bible, and the Holy Spirit each guide us into truth? How do we apply God's truth to modern or particular issues that the Bible doesn't specifically speak to (like what we should watch on TV, or who to vote for, for example)?
- 2.** How can we tell what is "true" when two groups of Christians who both revere the Bible come to different conclusions on what Scripture means (e.g., some say the spiritual gifts are still active in the Church today, and others believe they ceased with the apostles)? How can we act towards those on "the other side" of these discussions?
- 3.** When it comes to our opinions on divisive cultural issues (e.g., elections, vaccines, which media to follow, which experts to listen to, etc.), how are we determining which voices are "true"? How should we decide which are true?

## APPLICATION QUESTIONS

- 1.** How much time do you spend consuming media/social media/entertainment each day vs. how much time do you spend consuming God's truth? What is the fruit of your consumption? In what ways could it be healthier?
- 2.** How can we communicate God's truth to an outside world that often has no interest in it?

# SESSION THREE: ROOTED IN JUSTICE

**Read: Colossians 2:6-7; Micah 6:8;  
Colossians 3:12-15; Proverbs 31:8-9**

We know that in every story, the bad guy is supposed to get it in the end.

The villain needs to be dealt with. Whether through jail, pain, or other consequences, the antagonist will surely have justice served by the end of the story.

Once in a while, this doesn't happen, and the bad guy gets away. But this is rare—and it leaves us feeling unsettled, doesn't it? It's not the way things are supposed to be.

That really is the heart of biblical justice. It is the setting right of wrongs. Like the classic symbol in a courthouse, the scales are balanced again, and evil is set right.

In our story, we know that God will deal with those who deserve it and that, ultimately, even Satan himself will receive justice in the end (Revelation 20:7-10).

# SESSION THREE: ROOTED IN JUSTICE

But there is more to “justice” than just punishment for people who do bad things. Justice certainly includes that, but the word is far more wide-reaching from God’s perspective.

It also includes restoring what is right to those who have been wronged—not just by bad guys but by life’s circumstances.

For the poor, the oppressed, the outcasts, the victims—for those who have done nothing wrong but have found themselves lacking money, dignity, rights, and blessings, God’s Word consistently calls us to care for these people personally and actively be part of the solution to make things right for them.

We are to move beyond simply offering “thoughts and prayers” (as much as we value prayer!) and step up into action. We are called to serve, and to sacrifice, to give, and to lift up, to encourage, and to protect.

We step up for those who need help to step up themselves. We give a voice to the voiceless, share our power with the powerless, and provide our resources to those in need, whatever the need may be.

# REFLECTION/DISCUSSION QUESTIONS

- 1.** When you hear the term “justice,” what thoughts initially come to mind? Why is defining “justice” in our culture so challenging?
- 2.** What is your definition of biblical justice? Why do you define it that way?
- 3.** What key ways have you seen God bring justice to a wrongdoer? On the other side, what are some key ways you have seen God restore something to someone in need?

# APPLICATION QUESTIONS

- 1.** In what ways does your character need to become more “just”? What might contribute to it moving in that direction?
- 2.** When you look at your city, region, or neighborhood, what is one area in which you can take a step of action to partner with God in order to see His justice come to the world?

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# NOT SURE WHAT TO DO NEXT?

## IMPACTUS RESOURCES

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guide

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leaders of men for godly impact

For more info, visit [impactus.org/next](https://www.impactus.org/next)





207 - 3310 South Service Rd, Burlington, ON L7N 3M6

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